



Ephesians 4 - May 1-6, 2023

Monday, May 1

Ephesians 4:1-3

- As a believer, Paul has been set free (see John 8:36). If that's true then why does Paul describe himself as a prisoner in Christ?

Tuesday, May 2

Ephesians 4:4-6

- Notice Paul's repeated use of the word "one" in these verses. Why does Paul use the word "one" over and over again here?

Wednesday, May 3

Ephesians 4:7-10

- Notice v. 9 here. Paul tells us that if he ascended he must first have descended. Who is Paul talking about? Why is it so important that "he had also descended?"

Thursday, May 4

Ephesians 4:11-12

- According to v. 12, why has God given apostles, prophets, evangelists, pastors and teachers?

Friday, May 5

Ephesians 4:13-14

- The gifts spoken about in Vs 11-12 - are they given forever or only for a time? What is the purpose that God has in mind when He gives these gifts to people?

Saturday, May 6

Ephesians 4:15-16

- Vs 16 explains a main point that Paul has been driving from vs 4:1 to 4:16. What is that main point? Does the gift that the Holy Spirit has given you figure into this main point as well? Why or why not?



Ephesians 4 - May 8-13, 2023

Monday, May 8

Ephesians 4:17-20

- According to these verses, when we learn about and accept Christ, our behavior ought to change in certain ways. What changes do these verses talk about in a believer's life that should lead to practicing righteousness in ways that we did not do before coming to Jesus?
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Tuesday, May 9

Ephesians 4:21-24

- We are told here to "put off our old self" and to "put on the new self." Is that something that anyone can do on their own? If so, then how does a person do this? If not, then how does Paul expect us to be able to do this?
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Wednesday, May 10

Ephesians 4:25

- In this verse Paul links speaking the truth with being members of one another. Why do these two ideas belong together? Is it possible to not speak the truth while being members of one another? Conversely, is it possible to speak the truth while remaining disconnected from one another?
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Thursday, May 11

Ephesians 4:26-27

- In vs 26 Paul says we need to quickly rid ourselves of anger. What is it about anger that "gives opportunity to the devil?"
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Friday, May 12

Ephesians 4:28-30

- Vs 28-29 give two examples of sinful behavior that believers may have been delivered from. In each case, how does Paul encourage us to overcome these behaviors? In both cases, what does Paul say will be the result of our overcoming sin? Notice how sin never hurts only the one who sins. The enemy uses each person's sin to harm others as well!
 - In Vs 30, Paul encourages us to not grieve the Holy Spirit. What precisely does it mean to grieve the Holy Spirit?
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Saturday, May 13

Ephesians 4:31-32

- The closing verses of this chapter encourage us to behave as God Himself does. By His very nature God always abstains from evil behaviors. As a result He is free to set His will to do good in every circumstance. Paul is encouraging us to be like God. Has God ever used you to bless someone else when you were being tempted but, by His grace, you resisted sinning?



Ephesians 5 - May 15-20, 2023

Monday, May 15

Ephesians 5:1-5

- Verse 1 and 2 what are the characteristics that Christians are called to exhibit?
 - Verse 3 Why is sexual immorality and impurity condemned?
 - Verse 4 How does this verse instruct us to use our words and speech as Christians?
 - Verse 5 What is the significance of greed being equated with idolatry?
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Tuesday, May 16

Ephesians 5:6-11

- Verse 6 What does it mean to let no one deceive you with empty words? 2nd Timothy 3:1-5
 - Verse 7 Do not be partakers with them mean, to avoid contact with unbelievers or to avoid joining with them in their sin?
 - Verse 8-10 how does the theme of light and darkness apply to these verses?
 - Verse 11 What does it mean to expose the deed of darkness?
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Wednesday, May 17

Ephesians 5:12-16

- Verse 12-14 in what ways do the works of darkness seek to deceive or mislead, and how can we guard against their influence in our lives?
 - Verse 15 What does it mean to be wise, and what are some practical ways to apply this wisdom in our daily lives?
 - Verse 16 What is the significance of the phrase Redeeming the time?
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Thursday, May 18

Ephesians 5:17-21

- Verse 17 Why is it important to understand God's will?
 - Verse 18 How can we apply the command to be filled with the spirit?
 - Verse 19, 20 What are the results of being filled with the spirit?
 - Verse 21 What is the significance of the phrase submit to one another?
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Friday, May 19

Ephesians 5:22-33

- How do these passages describe the relationship between husbands and wives? What role does respect play in the relationship between husband and wife? How does mutual submission play a role in a healthy marriage dynamic?
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Saturday, May 20

Ephesians 5:22-33

- What does it mean for the church to be the Bride of Christ? What does it mean for marriage to be a reflection of Christ's relationship with the church? How does Christ's love for the church serve as an example for husbands to love their wives? How do these verses relate to the concept of equality in marriage?



Ephesians 6 - May 22-27, 2023

Monday, May 22

Ephesians 6:1-4

- What is the promise we see in Exo 20:12 that Paul refers to in vs 2? How does honoring the wisdom of our parents or generations that proceed us play into us having a prolonged life? In Gen 18:19 God explains why he chose Abraham as the Father of a great people in which the whole earth will be blessed. How do we respond to this? Do we feel called to participate in this Abrahamic heritage or do we see ourselves as only benefiterers?

Tuesday, May 23

Ephesians 6:5-9

- In these verses Paul says to revere and obey earthly masters or authorities in sincerity as unto Christ. How do we view our earthly masters that do not believe in Christ? How would Christ serve them? How does serving Christ in your work or school compel the quality of what you do?

Wednesday, May 24

Ephesians 6:10-13

- As part of Paul's conclusion he looks to encourage and strengthen the believers to stand firm like an echo of Moses' spurring for Joshua to "Be Strong and Courageous" (Josh 1:5-9). In Paul's warlike imagery he is intentional to paint a clear portrait of the true nature of our enemy which Christ himself revealed (Acts 26:18). James gives similar instruction in his letter (Jam 4:7), also Peter in his first letter (1 Pet 5:8). How does submission, humility and abiding in Christ (Jn 14:23-27) equip us for battle?

Thursday, May 25

Ephesians 6:14-17

- In these verses Paul quotes from a melody of Isaiah texts (Isa 11:5, Isa 59:17, Isa 52:7, Isa 49:2) that portrays a Messianic Priest Prophet King ready and dressed for battle. How does this image of an armor of light equip us for walking out our commission to love and serve one another (Rom 13:12)?

Friday, May 26

Ephesians 6:18-20

- Paul's encouragement to pray echo Jesus teaching (Mar 13:33, Luke 18:1). In his instructions to pray for others, Paul lists his own prayer request (1 Th. 5:25, Col 4:3). Who are you praying for today? Have you shared your own prayer needs with someone? Who can you reach out to?

Saturday, May 27

Ephesians 6:21-24

- In vs 21 Paul introduces Tychicus (Act 20:4, 2 Tim 4:12, Col 4:7) who was his team member and partner in the work. Tychicus' role was a sent messenger (Jn 13:20) with a purpose to inform and encourage the believers. Who is Jesus sending you to today? Who can you pray about and find ways to encourage and inform them of what God is doing in your life?